



WRAP-AROUND

A TWO TEN THERAPEUTIC APPROACH RECOGNISING THAT CHANGE HAPPENS IN SAFE RELATIONSHIPS

Because we know how important it is to you to go beyond academic expectations and impact change in the hearts and lives of children.



Parents, Carers & Families

Counselling support, groups & educational programmes for immediate family members.

*FREE Parent/Carer counselling for partnering organisations [subject to funding]



Children

On-site Childrens Counsellors & therapeutic programmes addressing mental health, social and emotional development and well-being topics.



Professional Teams

Therapeutic supervision, well-being sessions, ad-hoc counselling and therapeutically informed bespoke training.

Get in Touch...

We work flexibly to create a package that works for you.

07449 815 013 or enquiries@twoten-therapy.co.uk

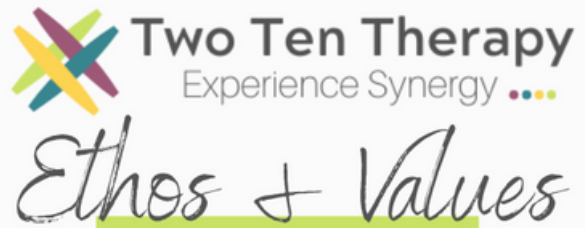
Two Ten Therapy is a Well-Being service that supports individuals, schools and organisations with counselling, supervision, personal development programmes and mental health & well-being training.

We like to take a flexible approach to working with our clients as we know one size does not fit all, and the experience we hold, listening and supporting others confirms that the best interventions are personal ones, steeped in trusting relationships.

We believe that great things can happen when people come together with the same mind and the same goal. Our desire is to ally with people in a way that creates a synergy; a powerful partnership whose combined outcomes are greater than what we achieve alone.

When you choose to work with us you will get all of our experience, therapeutic skills and knowledge, underpinned by our commitment to value people, which we give freely. Our 'people matter' vision is the heart of the work we do; we value people and care about their growth and development. Our sense of achievement is embedded in the success of those we work with so, when you win - we do too!

Ultimately we want to cultivate therapeutically informed relationships and environments that promote and facilitate the development of healthy minds and well-being, enabling children and adults to thrive now and have hope for the potential of good futures...



CONNECT

RELATIONSHIP & RESPECT

We aim to build genuine relationships that are honest and respectful.

We believe that these types of relationships are the foundation for trust to grow and effective work to take place.

BELIEVE

POTENTIAL & VALUE

We believe that people have equal value and that each person has the potential to thrive.

Faith and Hope are integral to achieving the things that we do not currently see.

PLAN IT

UNIQUE & PERSONAL

While experiences may be similar, each person and organisation is different and deserves a unique approach.

We hold our skill in a fluid fashion to adapt to the needs of those we work with.

OWN IT

ACCOUNTABLE & LOYAL

We are responsible and take our work seriously. We value feedback and opportunities to get better.

Remaining reliable and committed to the goals and aspirations of others creates synergy and contributes to fruitful change.

INVEST

GROW & SUCCEED

People Matter Most!

We are dedicated to sharing our innovation and skills to support the development and advancement of people personally and professionally.